

the barns

gluten free menu

Please inform the staff you are ordering from the gluten free menu to ensure the chefs are aware (df) equates to dairy free option

starters

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|---|------|-------|
| Homemade soup of the day served with a crusty roll | (df) | £6.50 |
| Pan fried garlic mushrooms served with a crisp side salad | (df) | £6.95 |
| Pan fried tiger prawns in chilli, lime and parsley infused olive oil | (df) | £8.95 |
| Homemade duck and cointreau pate served with red onion chutney and finger toast | | £7.50 |
| Fanned melon served with fruit coulis | (df) | £6.50 |

main courses

| | | |
|---|------|--------|
| Chicken Supreme | | £17.95 |
| Stuffed with goats' cheese and spinach, served with sauteed potatoes, seasonal vegetables and balsamic reduction. | | |
| Winter Vegetable Stew | | £14.95 |
| served mashed potato | | |
| Slow roasted pork belly | (df) | £18.95 |
| served with sauteed potatoes, seasonal vegetables and gluten free gravy | | |
| Thai king prawn curry | (df) | £18.95 |
| Pan-fried king prawns, peppers, onions and sugar snap peas in a red thai curry sauce. Served with rice and chips. | | |
| Oven baked cod fillet in a black pepper and lemon infused olive oil | (df) | £15.95 |
| Served with homemade chunky chips and garden peas | | |
| 8oz sirloin steak | (df) | £25.95 |
| served with grilled tomato and mushrooms | | |
| 14oz gammon steak | (df) | £16.95 |
| served with pineapple, egg, grilled tomato, mushrooms | | |

desserts

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|------------------------------|------|-------|
| Chocolate and raspberry tart | (df) | £6.95 |
| Chocolate truffle brownie | (df) | £6.95 |
| Sticky toffee pudding | | £6.95 |
| Apple and cinnamon crumble | | £6.95 |